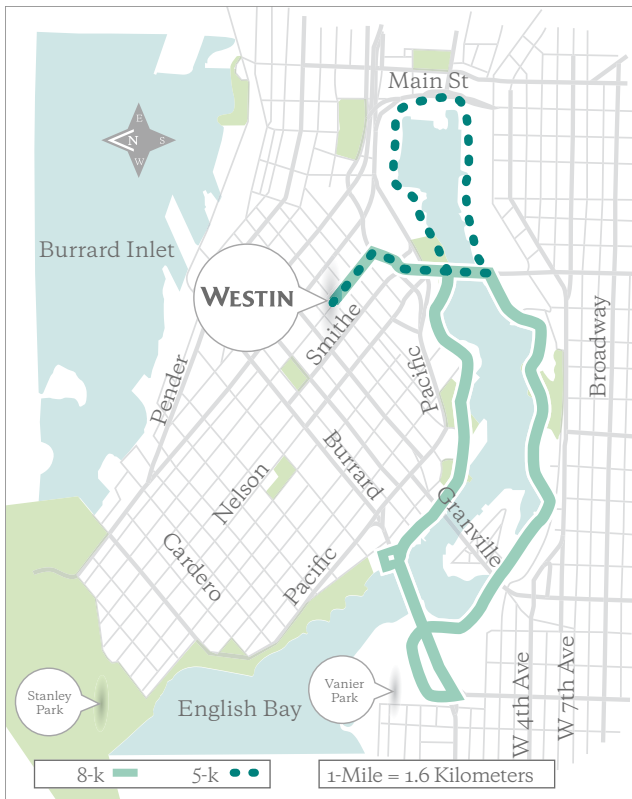


WESTIN *WORKOUT*
RUNNING MAP by new balance 



The Westin Vancouver Grand

604.602.1999

www.westin.com

5k route

1. Turn left on Robson.
2. Run past the Terry Fox Sculpture; turn right around the stadium.
3. Go down two sets of stairs. Stay right and take road ramp down to set of lights at corner of Terry Fox Way and Pacific Blvd; cross intersection and go up pedestrian walkway over the Cambie St. Bridge.
4. Run on the bridge until you come to a stairway.
5. Go down the stairs and turn right.
6. Follow the green Seaside signs.
7. Run in front of Science World and follow the path to the other side of False Creek.
8. Turn right under Cambie Bridge (kids playground on left).
9. At stop sign, head right onto ramp and up to the bridge.
10. Follow the green sign back to the Stadium retracing your steps down the pedestrian walkway and back to the hotel.

8k route

1. Follow steps 1-4 above.
2. Go down the stairs and head straight on the Seaside walkway.
3. Take the first left after Burrard Bridge.
4. Turn left onto Chestnut.
5. Turn left on Cornwall; cross over the Burrard Bridge.
6. Turn left onto the stairway; follow the path along the bridge.
7. Cross Beach Ave. Just before you reach the water, you will find Seaside walkway.
8. Turn left and follow the green signs back to Cambie Bridge.
9. Turn left under the bridge
10. Follow steps 9 & 10 above.

Disclaimer Notice: As a courtesy to our guests the attached running/walking course map identifies distances and routes created by using an independent outside mapping source. This map was not created by the Hotel. The identified routes are on City public streets and ways. As the Hotel has no direct or indirect control over public areas we urge you to use common sense for your own safety and security. The Hotel in no way guarantees the safety or condition of the identified routes. Use of this map is at your own risk. Please observe all rules and posted signs and warnings, including traffic signals.